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Crispy Ginger-and-Garlic Asian Turkey Lettuce Wraps



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Yield: Makes 4 to 5 servings



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Ingredients

1/2 cup finely chopped carrots \$

1/2 cup water

1 (20-ounce) package lean ground turkey \$

1 cup chopped shiitake mushrooms

1 (8-ounce) can water chestnuts, drained and chopped

3 garlic cloves, minced

2 tablespoons minced fresh ginger

1/3 cup teriyaki sauce

3 tablespoons creamy peanut butter \$

1 tablespoon sesame oil

1 tablespoon rice vinegar

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Recipe Time

Cook Time: 15 Minutes **Prep Time:** 15 Minutes

1/4 cup hoisin sauce

1/2 cup sliced green onions \$

1 head iceberg lettuce, separated into leaves \$

Hoisin sauce (optional)

Preparation

- 1. Cook carrots and 1/2 cup water in a large nonstick skillet over high heat, stirring occasionally, 3 to 5 minutes or until carrots are softened and water is evaporated. Remove from skillet.
- 2. Reduce heat to medium. Cook turkey in skillet about 5 minutes, stirring until turkey crumbles and is no longer pink. Add carrots, mushrooms, and next 8 ingredients. Increase heat to medium-high, and cook, stirring constantly, 4 minutes. Add green onions, and cook, stirring constantly, 1 minute. Spoon mixture evenly onto lettuce leaves; roll up. Serve with hoisin sauce, if desired.

Susan Riley, Allen, Texas, *Southern Living* JANUARY 2006



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