

## Paleo Apple Crisp

**Prep Time**

15 Minutes

**Cook Time**

40 Minutes

**Total Time**

55 Minutes

Author: Simple Green Moms  
Recipe type: Paleo + Gluten Free  
Serves: 6

### Ingredients

- 6 apples (any kind!) peeled and chopped ✓
- 1½ cups of almond meal ✓
- 1 tablespoon cinnamon ✓
- ¼ cup honey ✓
- ¼ cup coconut oil (melted)
- juice of 1 lemon

### Instructions

1. Preheat oven to 350(F) degrees and prepare an 8x8 baking dish with non-stick spray. Layer apples in the bottom of prepared dish. Squeeze lemon juice over apples.
2. Mix the rest of the ingredients together in a separate bowl. Spread the crumble topping on top of the layered apples then bake for about 40-45 minutes or until golden brown.

Recipe by Simple Green Moms at <http://simplegreenmoms.com/paleo-apple-crisp/>

