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The Hidden Valley® Story

Over fifty years ago, a Nebraska-born entrepreneur settled in Santa Barbara, CA, where he founded the Hidden Valley Ranch. Guests came to enjoy the great outdoors and wholesome home-cooked meals. They were especially fond of the salads topped with a buttermilk dressing, lovingly prepared by the proprietor using fresh herbs and spices — the Original Ranch® Dressing. Today, you can still enjoy this same great taste.



Visit HiddenValley.com for more great recipes!



Original Ranch® Spinach Dip

- 1 packet Hidden Valley® Original Ranch® Dips Mix
 - 16 oz. Sour cream
 - 10 oz. Frozen chopped spinach, thawed and well-drained
 - 8 oz. Water chestnuts, rinsed, drained and chopped
 - 1 loaf Round French bread
 - To serve Fresh vegetable sticks
- Prep time: 30 minutes – Chill time: 30 minutes

Stir together Dips Mix, sour cream, spinach and water chestnuts. Chill 30 minutes or until just before serving. Cut top off the bread and remove center (using firm bread pieces as dippers). Fill bread bowl with dip. Serve with cubed bread and vegetables.

Nutrition Facts

Serving Size: 1/2 Tsp (1.8g)
 Servings about 16
 Serving Size Prepared: 2 Tbsp (30mL)

Amount/Serving	% Daily Value**	
	Mix*	Prepared***
Calories	5	70
Calories from Fat	0	50
Total Fat 0g	0%	9%
Sat. Fat 0g	0%	19%
Trans Fat 0g		
Cholesterol 0mg	0%	4%
Sodium 240mg	10%	11%
Total Carb. 1g	0%	1%
Dietary Fiber 0g	0%	0%
Sugars 0g		
Protein 0g		
Vitamin A	0%	4%
Vitamin C	0%	0%
Calcium	0%	4%
Iron	0%	0%

* Amount in mix
 ** Percent Daily Values are based on a 2,000 calorie diet
 *** Prepared with sour cream



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Directions

Just add sour cream.
 Mix contents of this packet with 16 oz. sour cream.* To thicken and enhance flavor, refrigerate for one hour before serving.
 Makes 2 cups (16 oz.)

* For less fat and fewer calories, use low-fat or fat-free sour cream.

INGREDIENTS: MALTODEXTRIN, SALT, MONOSODIUM GLUTAMATE, DRIED ONION, SPICES, DRIED GARLIC, MODIFIED FOOD STARCH, LESS THAN 2% OF CALCIUM STEARATE, NATURAL FLAVOR (MILK, SOY). CONTAINS: MILK, SOY.

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 QUESTIONS OR COMMENTS?
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