



# Melon Smoothie



Prep  
5 m

Ready In  
5 m

Recipe By: Penny

"This one is great when melons are in season."

## Ingredients

1/4 cantaloupe - peeled, seeded and cubed

1/4 honeydew melon - peeled, seeded and cubed

1 lime, juiced

2 tablespoons sugar

## Directions

- 1 In a blender, combine cantaloupe, honeydew, lime juice and sugar. Blend until smooth. Pour into glasses and serve.

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Printed From Allrecipes.com 8/22/2016

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Whole Foods Market  
9129 Sam Furr Road  
Huntersville, NC 28078  
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**Organic Cantaloupe  
Muskmelon**  
2 ea For \$5.00 -  
expires in a day